

## Ahyana King MS LPC

Ahyana King, MS LPC has spent the past 17 years partnering with people on their journey to wellness. She has worked with nonprofit community based organizations in the Greater Philadelphia Area as well as both a counselor and administrator in higher education on both the west and east coasts of the United States. Previously Interim Director, Office of Race and Ethnicity Education at Haverford College, Ahyana has provided counseling, developed trainings, designed programs, taught courses, written curriculum regarding cultural humility and competence, and facilitated workshops on the topics of social justice, diversity, equity, inclusion, mental health, and sexual assault and abuse. Ahyana has a rich history of serving individuals from diverse backgrounds with a multitude of experiences, particularly people from historically underrepresented and marginalized backgrounds.

Ahyana is a West Philadelphia (PA) native, with a BA in Human Development and Family Science as well as an MS in Mental Health Counseling and is a licensed professional counselor in Pennsylvania. Through her private practice, Grit+Grace, her heart for people and partnering with them as they navigate their wellness journey, especially those who identify as BIPOC girls and women, remains.